Colorado Attitude
Living at altitude because it matters!

Real Estate Investments

By Linda Pinkul

Real estate investors are typically over the age of 45, own less than five units, and earn approximately 31% of their income from ownership of rental properties.

Most real estate investors come to the market later in life because they are concerned about their retirement and are at their highest earning power, or some have inherited money.

One reason to invest in real estate is for cash flow. Cash flow is money earned after all the expenses, repairs, and other fees have been paid.

Appreciation is another reason for investing. Average appreciation is about 4%. Higher and lower percentages fluctuate depending on the economy, and supply and demand.

Real estate equity build-up is another reason for purchasing property. Every mortgage payment you make helps build equity. The shorter the loan period, the faster the equity builds.

Lastly you have tax savings from real estate investments.

Regardless of the size of real estate investment, you can make a return and build up your retirement.

Did You Know

Chili peppers add fire to your mouth and flavor to your food, but did you know that chili peppers also have health benefits as well. Peppers get their heat from a compound called capsaicin. The hotter the pepper the more capsaicin it contains. Capsaicin is an antioxidant with possible cancer-fighting properties. It also helps reduce the nasal or sinus congestion of a bad cold. Peppers contain potassium and vitamins A and C. Some experts believe that eating hot peppers trigger the release of endorphins, powerful chemicals in our body that give us a feeling of well being. To douse that fire in your mouth drink milk, or eat yogurt. www.

Words To Ponder

"If two men agree on everything, you may be sure that one of them is doing the thinking." - Lyndon B. Johnson

Coffee Talk
Grande, Triple, Nonfat, Latte

Local Book Club News

Thumbs Up
Timeline by Michael Crichton

Thumbs Up
Samurai's Garden by Gail Tsukiyama

Thumbs Up
Ya-Yas in Bloom by Rebecca Wells

Dog On It

A dog's incredible sense of smell is benefiting mankind in ways we are only beginning to understand. A dog's nose is 10,000 to 100,000 times sharper than human ranges. Today dogs are helping in search in rescue operations (some dogs can follow a trail that is more than a week old), detecting mold and termite infestations, as well as detecting cancer cells in human urines for diagnosis and treatment. You can test your dog's interest in scent by hiding toys. If he shows interest and talent with his nose and you want more training vistit www.dogwise.com

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